



Addiction Essentials: The Go-To Guide for Clinicians and Patients

By Carlton K. Erickson

WW Norton & Co. Paperback. Book Condition: new. BRAND NEW, Addiction Essentials: The Go-To Guide for Clinicians and Patients, Carlton K. Erickson, Whether it's to caffeine, nicotine, or alcohol, many of us suffer from at least one addiction. Carlton K. Erickson presents a comprehensive overview of the various types of addictions-covering both substance and nonsubstance addictions such as gambling, Internet use, and video games-and their diagnosis and treatment. This book sheds light upon the biological and environmental factors that cause addiction, reviews the various types of substance and nonsubstance addictions, and offers clinicians and patients hope for recovery. Erickson examines alcohol, drugs that speed us up, drugs that slow us down, and how to recognize addictive behavior-such as exercise and videogame addiction-which may be less obvious. Other topics covered include alcohol and other drug pharmacology, neurophysiology of brain pathways, alcohol and drug interactions, adolescent drug use, drug use differences by gender and culture, and visual signs of drug use. Erickson presents various therapeutic methods for addressing addiction, including pharmacological interventions, individual or group therapy, twelve-step programs, and therapy involving family members. Finally, he reflects on the involvement of family and the risks and consequences of relapse. Written by one of...



READ ONLINE
[1.56 MB]

Reviews

This created publication is wonderful. it absolutely was writtern extremely completely and beneficial. I discovered this publication from my dad and i encouraged this publication to discover.

-- **Kristina Kshlerin DDS**

Absolutely one of the better ebook We have ever study. it had been writtern quite completely and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Carol Lehner II**

Other Kindle Books



[Klara the Cow Who Knows How to Bow \(Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8\) \(Friendship Series Book 1\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other cows, because she has a very special...



[I Wonder Why Columbus Crossed Ocean and Other Questions About Explorers](#)

Kingfisher Books Ltd, 2005. Paperback. Book Condition: New. Brand new. Will post within 3 working days by Royal Mail and will also post worldwide Rapidly dispatched worldwide from our clean, automated UK warehouse within 1-2 working days.



[It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em](#)

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



[You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most](#)

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



[The About com Guide to Baby Care A Complete Resource for Your Babys Health Development and Happiness by Robin Elise Weiss 2007 Paperback](#)

Book Condition: Brand New. Book Condition: Brand New.



[Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!](#)

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...