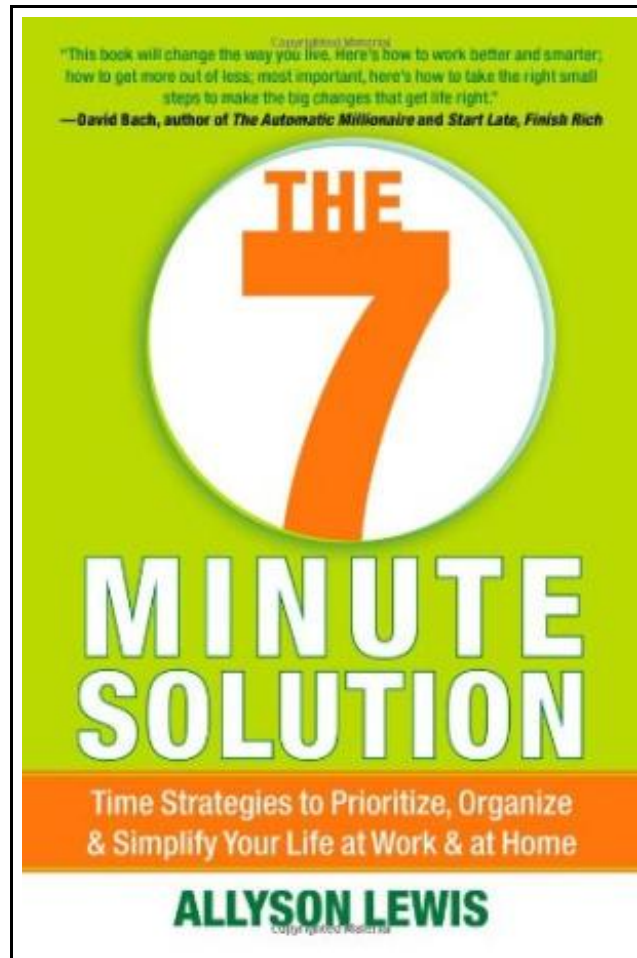


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THE 7 MINUTE SOLUTION: CREATING A LIFE WITH MEANING 7 MINUTES AT A TIME



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