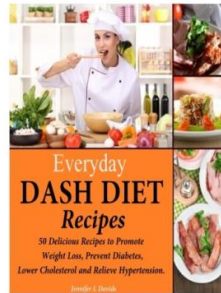


## Everyday Dash Diet Recipes: 50 Delicious Recipes to Promote Weight Loss, Prevent Diabetes, Lower Cholesterol and Relieve Hypertension.



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