



## Help for Eating Disorders: A Parents' Guide to Symptoms, Causes and Treatments

By Debra Katzman, Leora Pinhas

Firefly Books Ltd. Paperback. Book Condition: new. BRAND NEW, Help for Eating Disorders: A Parents' Guide to Symptoms, Causes and Treatments, Debra Katzman, Leora Pinhas, "Straightforward solutions to difficult problems." Most teenagers have a friend who has been affected by an eating disorder. Such disorders affect almost 20% of teenage girls in North America at some point in their development. Magazines and movies constantly stress a thin body image as the defining force for popularity. The message teenagers get is that thin is the only route to popularity and happiness. Through the Eating Disorder Program, Drs. Katzman and Pinhas, at The Hospital for Sick Children, have developed a program that helps young people and their parents deal with the problems of eating disorders such as anorexia nervosa and bulimia. First, the book shows parents how to identify an eating disorder and when to become concerned about it. Second, there is vital information for parents on how to become informed users of the health care system and how to collaborate in their child's treatment. Third, practical support for parents, family members and coaches enables them to participate in the recovery of a child or adolescent with an eating disorder. Worksheets, diaries...



**READ ONLINE**  
[ 5.89 MB ]

### Reviews

*Extensive guideline! Its this sort of very good go through. I have got read and i am confident that i will gonna read through once more once more in the future. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Joana Champlin**

*Excellent e-book and useful one. It is writter in straightforward phrases rather than confusing. I am just very happy to explain how here is the finest publication i have got read through in my very own lifestyle and might be he greatest book for possibly.*

-- **Viva Schuster**